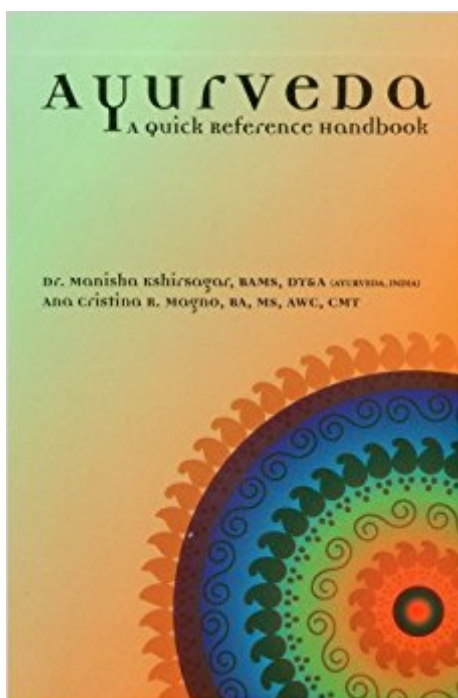


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Ayurveda: A Quick Reference Handbook



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This book is an incredible resource, very easy to access and use. A delightful and insightful read, it is a wonderful guide to ayurveda. I absolutely recommend this to anyone looking to expand their knowledge on this subject and/or build a library of resources for themselves. This one is indispensable.

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